



All The Feels

02.11.18

BE LIFE-GIVING

Discussion Guide

BIG IDEA

Every relationship is challenging. Learning what is ours to “control” and where we need to be “concerned” brings peace. The feelings produced in relationships are not good or bad, they simply are. What we do with our feelings determines whether or not we become “life-giving” people.

TALK IT OVER

- What can you control and what can you not control in relationships? How can you stop controlling what you need to be concerned about?
- When people get you, what do they get? When you show up, what are people anticipating from you?
- Why isn't love a feeling? Why do I have to love myself first before I can show love to others?
- How can you show honor by anticipating the needs of those around you this week?

SCRIPTURES

Galatians 2:20

1 Corinthians 13

Mark 12:29-31

Romans 12:10

Psalms 19:14

1 Peter 4:10

Proverbs 14:12; 16:25; 18:21

Lamentations 3:21-23

PRAYER FOCUS

At Lifepoint, we pray until something happens.

- Pray that God will show us how to be life-giving people in all our relationships this week; ask Him to show us how to love ourselves and thus better love and honor those in relationship with us; ask to see ourselves and others from His perspective.

LEADER TIPS

- We are entering attendance in both Arena and Church Community Builder. Use the Toolbox at lifepoint.org and the green box in the email you'll get from CCB.
- Sometimes, we beat ourselves up for things we are doing well. What we think about ourselves is often informed by the world, comparisons, and the enemy's influence. Encourage your group and teach them to know how dear they are to God and what He thinks of them.