



All The Feels

Making Relationships Work

02.11.18

BE LIFE-GIVING

Student Discussion Guide

BIG IDEA

Every relationship is challenging. Learning what is ours to “control” and where we need to be “concerned” brings peace. The feelings produced in relationships are neither good nor bad, they simply are. What we do with our feelings determines whether or not we become “life-giving” people.

TALK IT OVER

- What can you control and what can you not control in relationships? Why is avoiding control difficult and how can you stop controlling what you need to be concerned about?
- Feelings are okay, they're normal, what we do when we feel them is what matters. What feelings are not okay to you?
- When people get you, what do they get? When you show up, what are people anticipating from you?

SCRIPTURES

Galatians 2:20
1 Corinthians 13
Mark 12:29-31

Romans 12:10
Psalms 19:14
1 Peter 4:10

Proverbs 14:12; 16:25; 18:21

PRAYER FOCUS

At Lifepoint, we pray until something happens.

- Pray that God will show us how to be life-giving people in all our relationships this week; ask Him to show us how to love ourselves and thus better love and honor those in relationship with us; ask to see ourselves and others from His perspective.

LEADER TIPS

- We are entering attendance in both Arena and Church Community Builder. Use the Toolbox at lifepoint.org and the green box in the email you'll get from CCB.
- Sometimes, we beat ourselves up for things we are doing well. What we think about ourselves is often informed by the world, comparisons, and the enemy's influence. You are special and very dear to God and to this house (Lifepoint). Remind yourself what you did well this week in group.

ANNOUNCEMENTS

- Be sure you and your students have all the details about TRIBE on your campus.