



A NEW SERIES BEGINNING APRIL 8TH

# Help, I'm \_\_\_\_\_.

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04.08.2018  
HELP, I'M AFRAID  
Discussion Guide

## BIG IDEA

The goal of the spirit of fear is to keep us from fulfilling God's calling on our lives. God has provided a source of freedom from fear if we are willing to look to Him and do the work of realizing that freedom.

## TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- Moses gave God five excuses: Who am I? Who are you? What if they don't believe me? I'm unqualified. Send someone else. When has fear made you use any of these excuses to keep you from your calling?
- What lies has the spirit of fear whispered to you? Why is it sometimes easier to listen to the spirit of fear rather than to the Holy Spirit?
- How does experiencing fear actually be an indication that you are the threat? Read 1 John 4:18. What does this tell us about God's authority over the spirit of fear?
- What changes do you need to make to start "looking up" and "digging deep" to confront the spirit of fear?

## SCRIPTURES

Exodus 3:11-14, 4:1-5, 4:10-13

Ephesians 6:12

Mark 10:14

1 John 4:18

Acts 1:7

Acts 7:22

Matthew 10:28

Philippians 4:8-9 (MSG)

Philippians 4:6-7

2 Timothy 1:7

Revelation 3:20

## PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- We listen and obey what we hold in the highest regard. Pray that those in bondage to the spirit of fear will begin to take the steps of seeking help in putting down those chains and walking in freedom.

## LEADER TIPS

- Encourage one another in who each one really is in God's eyes, and point out the possibility and promise in each child of God.