



A NEW SERIES BEGINNING APRIL 8TH

Help, I'm _____.

lifepoint.org/locations

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HELP, I'M AFRAID

Student Discussion Guide

BIG IDEA

The goal of the spirit of fear is to keep us from fulfilling God's calling on our lives. God has provided a source of freedom from fear if we are willing to look to Him and do the work of realizing that freedom.

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- Moses gave God five excuses: Who am I? Who are you? What if they don't believe me? I'm unqualified. Send someone else. When has fear made you use any of these excuses to keep you from your calling?
- What lies has the spirit of fear whispered to you? Why is it sometimes easier to listen to the spirit of fear rather than to God?
- How does experiencing fear indicate that you are the threat to Satan? Read 1 John 4:18. What does this tell us about God's authority over the spirit of fear?
- What changes do you need to make to start looking to God and "digging deep" to confront the spirit of fear?

SCRIPTURES

Exodus 3:11-14, 4:1-5, 4:10-13

Ephesians 6:12

Mark 10:14

1 John 4:18

Acts 1:7

Acts 7:22

Matthew 10:28

Philippians 4:8-9 (MSG)

Philippians 4:6-7

2 Timothy 1:7

Revelation 3:20

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- We listen to and obey what we think is important or true. Pray that those in bondage to the spirit of fear will begin to take the steps of seeking help in putting down those chains and walking in freedom.

LEADER TIPS

- Encourage each other to see yourselves through God's eyes, and point out the possibility and promise in each child of God.