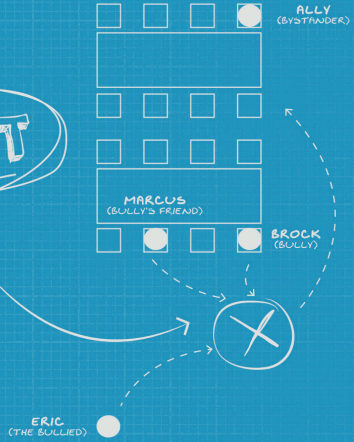


Week 1

THE INCIDENT



Check out the YouVersion Bible Plan, **8 Habits of an Influential Person**. Visit www.bible.com or use the Bible App to read it!





Week 1: What is bullying?

It's finally out there! Someone is finally listening to Eric about how he is being bullied.

Read Ephesians 5:11-13. It tells us not to have anything to do with deeds of darkness, but instead that we should identify those things, shine a light on them, and expose them.

Bullying is so much more than just being picked on. So let's shed some light! Here are some different types of bullying.

1. **Cyber Bullying** - Using Facebook, Twitter, and other social media sites to bully someone.
2. **Verbal Bullying** - Using hurtful words (taunting, cutting down, threatening, name-calling).
3. **Social Bullying** - Excluding someone, spreading rumors, or embarrassing someone in public or around others.
4. **Physical Bullying** - Fighting, making rude gestures, or breaking someone else's stuff.

The first step to solving the problem is to learn to identify bullying. Pay extra close attention to bullying around you. Try to catch and identify the four types of bullying this week. Remember what you see and write down what happened in the space below.

1. _____

2. _____

3. _____

4. _____

Parent Signature

Student Signature