

TALK IT OVER

03.22.2020

HOW TO TEAR DOWN FEAR AND BUILD FAITH Discussion Guide

BIG IDEA

During this time of uncertainty, we may feel fear, but we can also experience peace and joy when we remember that God is with us and for us. Pastor Daniel gave us three aspects of the nature of fear: it lives on misinformation; it breeds more fear; and it weakens us. He also gave us four ways to tear down the fear and build our faith: relationships; worship; prayer; and the Word of God.

SCRIPTURES USED IN THE MESSAGE

- Acts 2:42-47
- Psalm 19:14
- Numbers 13:26 – 14:1
- 2 Timothy 1:7
- 1 John 4:18
- Hebrews 10:24-25
- John 14:27
- Joshua 1:9
- Psalm 91
- 2 Chronicles 7:14
- Psalm 17:6
- John 6:63
- Psalm 61:2
- Romans 8:31-32
- Philippians 4:6-7

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Choose questions that keep the discussion moving. No need to discuss every question.

- What are some of the consequences of fear? How do we spread faith instead of fear?
- Pastor Daniel said, "Fear lives on misinformation." How do we make sure the information we think on is truth?
- Why are relationships important? In this time of isolation, how have you been fostering relationships?
- What is the difference in reading the Bible and confessing it over our lives? What Bible verses have been most helpful to you during this season?

APPLICATION IDEAS

- Look for opportunities to encourage others and be ready to share your faith. As Pastor Daniel said, people will be seeking and asking questions during this time. Be ready! Check the SERVE app for projects to be a part of, even without leaving home.
- Make a commitment to speak Psalm 91 over your life every day during this season.

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray for our country's leaders as they navigate these unprecedented circumstances. Pray for those overcome with fear and anxiety, that we will feel the peace of God that passes our understanding.

LEADER TIPS

- Consider adding an additional virtual meeting during the week, if schedules permit. It may be easier with altered schedules and will give members more opportunity for community, comfort, and faith building during this time.