



09.20.2020
RUNNING ON EMPTY
Discussion Guide

BIG IDEA

Whenever we run on empty, we can make bad decisions and do dumb things. What can we do when we run out? Pastor Daniel shares four things to do so we don't continue to live thirsty and depleted. No matter what is going on around us, we can live with our mind set on God, in an atmosphere of worship, ready to act in obedience, with an expectation that God will do all that He has promised.

SCRIPTURES USED IN THE MESSAGE

- 2 Kings 3:9-20 (NASB)
- Romans 12:1-2
- Romans 8:28
- 1 John 4:4
- Psalm 22:3
- Hebrews 11:1

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- What are some situations where we can feel like we are running on empty?
- What poor actions or decisions have you made when you were exhausted?
- Pastor Daniel said, "What you think is what you become". How can your thoughts define who you are becoming? What gets more of your focus: Your problem or your purpose?
- What are some of the things in our atmosphere (environment) that we can control? How can you change it to reflect worship?
- Why does God usually require action on our part that demonstrates our faith before He sends His blessings? How do we ensure we act after getting a word from God?
- Why is it important that we expect whatever God will do what He says He will do?

APPLICATION IDEAS

- Have members identify which of the four areas they need to focus on starting today:
 - Set your mind: Commit to seeking a word from God to help you keep your thoughts on the right path.
 - Set the atmosphere: Commit to setting the atmosphere of your day with worship.
 - Set your hand: Commit to working when you receive a word from God and keep praying even when you don't see any evidence.
 - Set your expectation: Commit to expecting miracles to happen because God says they will.

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray for God's help as each group member takes steps to improve in one or more of these four areas.

LEADER TIPS

- Encourage note taking during your discussion. Real learning only takes place if what is revealed is remembered and applied. Taking notes helps with understanding and remembering the discussion.