



02.21.2021  
PUT A FILTER ON IT  
Discussion Guide

## BIG IDEA

What would you say is the most powerful part of your body? Spoiler Alert: Join us today as we hear about the power in our tongue (and thumbs!) and the words we speak. Fortunately, Pastor Daniel also gives us practical steps to tame our tongue by putting a filter on what enters our mind and allowing God to heal our heart.

## SCRIPTURES USED IN THE MESSAGE

- James 1:26 (NLT)
- James 3:3-10
- Numbers 13:30-31 (NKJV)
- Proverbs 10:19 (NLT)
- Jeremiah 24:7
- Psalm 51:10 (NLT)
- Psalm 19:14 (NLT)
- Matthew 12:34-35
- Proverbs 4:23
- Matthew 3:16-17
- Proverbs 25:11
- Ephesians 4:29
- Proverbs 15:4
- Romans 5:17

## TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- Who do you take your words and thoughts to? Why?
- If I read your posts on social media, would I see your Christian identity? Why or why not?
- You are what you say about yourself. Who do you say you are?
- How do the words you speak over your life align with God's vision for your life? How have your words or words spoken to you affected the course of your life?
- How does what you listen to affect your mood, attitude, and words?

## APPLICATION IDEAS

- We have two gates: our eyes and our ears. Be intentional about filtering out the lies and welcoming life-giving truth through those gates this week.
- Determine to speak words of affection, praise, encouragement, healing, and faith to those closest to you.

## PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray through Psalm 19:14 and/or Ephesians 4:29 together and commit to praying one or both of these verses over your life each day.

## LEADER TIPS

- Practice speaking life into your small group members this week.