

TALK IT OVER

04.19.2020
CHANGE IT UP
Discussion Guide

BIG IDEA

Pastor Tammie Floyd shares with us that our response to change is crucial during this time in the “neutral zone.” When we change in our perspective, we can receive what God has for us in this season. While it’s okay to not be okay and grieve our disappointments, we can also take steps to get the most out of this unique opportunity and open our hearts to what new things God has for us.

SCRIPTURES USED IN THE MESSAGE

- Ecclesiastes 3:1-13 MSG
- Romans 8:28
- Psalms 46:10
- Psalms 34:17-19 NLT
- Isaiah 26:3 NLT
- Matthew 11:28-30 MSG
- Philippians 4:6-8 MSG
- Isaiah 43:18-19 MSG
- Lamentations 3:22-23 NIV

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- Have you let disappointments during this season distract you or develop you?
- How has this crisis highlighted aspects of your personality that you had not noticed in the past?
- What happens when we try to function as if we are in a season that is over?
- What are you doing to make the most of this “in between” time?
- Who is watching our response in this season? What are they seeing?

APPLICATION IDEAS

- Remember that it is okay not to be okay. Take your grief to God, then be open to what new things He has for you. Don’t check out, but rather, find new ways to engage. Go to lifepoint.org/rapidresponse to learn how you can serve.
- What are some practical things you can do when in a challenging season? How will those things help you to become a better person by the end of the season?

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray that the Lord will make His presence known to us and give us the strength to surrender the things we need to let go. Thank God for doing something new and giving us hope. Ask for grace and wisdom to embrace the “fresh blooms” God has for us in this season.

LEADER TIPS

- Host a virtual social time. Choose a meal with recipes so everyone is “sharing” the same meal, or everyone cooks something different and shares their recipes.