



05.3.2020

WORK IT OUT, WORK IT IN
Discussion Guide

BIG IDEA

Pressures of the world can crush us if we are not filled with the right fuel, especially during this season. God works to fuel us through the Holy Spirit, our praises, and His Word. Our challenge is to work these out in order to withstand the pressures of any season. Pastor Daniel gave us three practical steps to working out what God is working in us: follow the Holy Spirit quickly, give praise consistently, and read God's Word daily.

SCRIPTURES USED IN THE MESSAGE

- Philippians 2:12-13
- Psalm 143:10
- Psalm 34:1
- Psalm 119:105-106

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- What are you fueling or feeding your spirit, soul, and mind with during this season?
- What is different about you because God is at work within you?
- How do you work out your salvation during this time of social distancing?
- What is the difference between religion and a relationship with Christ?
- How do we know that following the Holy Spirit quickly and unconditionally will result in good?
- What are some things you can do this week to be intentional about giving praise to God?

APPLICATION IDEAS

- Establish a daily "work out" plan to properly fuel and feed your body, your soul, and your spirit.
- Find a Serve project to participate in this week if you haven't done so yet.

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray that each member will work out what the Spirit is working in them by responding quickly, giving praise consistently, and reading the Word daily.

LEADER TIPS

- Consider creating a daily Bible reading plan as a group to help members consistently be in the Word.