

06.20.2021 IN THE MIDDLE Discussion Guide

### **BIG IDEA**

Do you want your life to improve? Spotsylvania Campus Pastor TJ Williams describes the middle as the uncomfortable process that leads to all that God wants for you. What happens in the middle? Instability, highs and lows, and your faith is tested. But the Lord is with you through the mess and the tests of the middle and uses them to prepare you for a fulfilling life.

# SCRIPTURES USED IN THE MESSAGE

- Genesis 37:2-5, 23-27 (NLT)
- Jeremiah 17:7-8 (NLT)
- Genesis 39:2-3, 12, 21 (NLT)

- Ephesians 2:10
- Romans 8:28

## TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- What are some things you find uncomfortable, even though you know they are for your good?
- What does it mean to be in "the middle seat" of life? How have you tried to avoid being in the middle?
- When have you lost your sense of stability? How did God use those moments to increase your faith?
- In what areas has God called you to stay planted to produce fruit?
- Share about a time when God sustained you through the highs and lows of life.
- It is easy to quit while in the middle. What would be the consequences of quitting?

#### APPLICATION IDEAS

• Discuss what you and the small group can do to help each group member avoid quitting while going through the challenges of the middle.

### PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

• Pray for one another to stand firm in their faith during times of testing.

#### LEADER TIPS

• Prayer is powerful. Pray for God to lead you and your group members before your group gathering starts, during the meeting, when it ends, and throughout the week. "Pray continually." (1 Thessalonians 5:17)