



06/19/2022
WORRY FREE
Discussion Guide

BIG IDEA

Everyone is worried about something. It will steal your joy, hope, and peace. Pastor Stu Hodges, Lead Pastor at Waters Edge Church, shows how we can overcome worry. God already knows what you are worrying about. Grow your faith in God and shrink those worries away.

SCRIPTURES USED IN THE MESSAGE

- Matthew 4:17
- Revelation 4-5a
- Psalms 16:11b
- Matthew 6:25-34

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- What are some things people worry about?
- Describe a time when you worried about something. What was the impact of your worry?
- How does knowing that God knows about your concerns affect your view of them?
- How does growing your faith in God and seeking God's kingdom decrease worry?
- What are some practical ways you can grow your faith?

APPLICATION IDEAS

1. List those areas you worry about.
2. Evaluate your level of trust in God for each area on the list.
3. Determine your next steps needed to grow your trust in God.
4. Follow those steps starting today and watch your worries decrease as your faith grows!

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Put your worries in God's hands and ask for His help as you continue to grow your faith in Him.

LEADER TIPS

- Start and end your small group gatherings on time. This shows respect for your members. Have one of your members be a timekeeper for you if needed.