T A L K I T O V E R

07.30.2023
THE HAPPINESS SWITCH
Discussion Guide

BIG IDEA
You can run from God, but you can't hide. Carolyn Haas, Co-Lead Pastor of Substance Church in Minneapolis, explains how God loves to pursue us and reveal Himself because some of our greatest delays and devastations can be our deliverance. We either trust God or we don't—there's nothing in between. Our joy and our rest come from God alone.

SCRIPTURES USED IN THE MESSAGE
- Acts 4:20
- Psalm 139:9-10
- Ecclesiastes 6:1-3
- Psalm 62:1 (CSB)

- Jeremiah 29:11
- Psalm 51:10
- Psalm 19:14
- 2 Corinthians 9:10
- 1 Samuel 2:7

- Genesis 18:13-14
- Luke 18:1
- Ecclesiastes 2:26
- Psalm 37:25

TALK IT OVER
Choose questions that keep the discussion moving. No need to discuss every question.
- What fulfills you? Why?
- What things do people put their trust in? Why is it important that we put our trust in God?
- Describe a time when things weren't going the way you thought they should. Do you run toward or away from God during these times? Why?
- What things impact your happiness the most? What role does God play in your happiness?
- What do you pray for? Will that bring you closer to God?
- Why can it seem so difficult to wait on God's timing? How can you be intentional about building up your faith while you wait? What can you do when you're feeling lost and discouraged?

APPLICATION IDEAS
- Happiness is not a circumstantial problem, it's a spiritual problem. This week, focus on asking and seeking God for more of Himself rather than for circumstantial requests.

PRAYER FOCUS
At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.
- Pray for your soul to become ready for God's blessings when He flips the "enjoyment switch" as you continue seeking more of Him in your life.

LEADER TIPS
- Lead by example by sharing a time in your life when what seemed like devastation became God's deliverance. Or, if you're still waiting, share your faith and hope in God's promises.