

TALK IT OVER

01.28.2024
CHOOSE JOY
Discussion Guide

BIG IDEA

We do not always have control over our circumstances, but we can control how we respond. There may be chaos all around us, but it does not have to be in us. Our difficulties may be great, but greater is He that is in us than is in the world. Pastor Daniel shared three practical ways to have joy no matter the circumstances: 1) choose to see beyond what happened; 2) choose to look for the redirect; and 3) choose to focus on what really matters. Embracing these perspectives can lead us down the path to a joy-filled life.

SCRIPTURES USED IN THE MESSAGE

- John 15:11
- 1 John 4:4
- Psalm 23:5
- 1 Peter 1:8-9
- Hebrews 13:15
- Philippians 1:12-18
- Romans 8:28
- Genesis 50:20

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

VISION SUNDAY

- How has Lifepoint impacted you to be a better person in the past year?
- What are you expecting God to do at Lifepoint this year? What are you expecting God to do in your life this year?
- How will you make yourself available for God to use you this year?

CHOOSE JOY

- What is joy? How does it compare to selfishness? Happiness?
- How can our circumstances determine the direction of our lives?
- What is the difference between what you can see happening and the actuality of what is happening?
- Why is it important to ask God for the redirection He wants you to take?
- In what areas could God be redirecting you for something greater? Why does it matter?
- What really matters to you? What matters to God? What do you need to do to get in alignment with God?

APPLICATION IDEAS

- Pastor Daniel provided three choices we can make to choose a life filled with joy. What is the next step(s) you need to take to make these choices and allow joy to be a part of your life?

CHOICE	NEXT STEP(S) NEEDED
See beyond what happened	
Look for the redirect	

Focus on what really matters	

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- Pray that each person will take their next step toward a life filled with joy.

LEADER TIPS

- Showing up to a small group for the first time can be a scary experience. Quickly make personal contact with each person who signs up. Make sure they know the time and place of your sessions and explain what they should expect when they arrive.