



02.25.2024
BOUNDARIES IN RELATIONSHIPS
Discussion Guide

SERMON SUMMARY

Imagine driving without any lines on the road, traffic lights, traffic signs, guardrails, or curbs. Chaos, anarchy, recklessness, and disorder could ensue and endanger millions of lives. The boundaries of driving (lines, traffic signals, signs, rails, and curbs) help to create a safer environment for everyone on the road. Similarly, relational boundaries help to keep all parties involved in the relationship safe. In today's sermon, Pastors Daniel and Tammie Floyd teach about reasons why people often avoid setting boundaries, define what a boundary is not, and identify areas that need boundaries.

SCRIPTURES USED IN THE MESSAGE

- Proverbs 4:23
- Luke 6:45
- Proverbs 22:5 (ESV)
- Galatians 6:7
- James 1:3
- Luke 14:28-30
- Proverbs 29:25
- Philippians 4:13
- Proverbs 16:28
- Proverbs 18:8
- Ephesians 4:29
- Romans 12:2,18
- Deuteronomy 31:6
- 2 Timothy 1:7 (NLT)

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

Reasons we don't set boundaries

- How does reaping what we sow help us to grow?
- How do you determine when to intervene in someone's situation?
- What is the cost of setting boundaries? What is the cost of not setting boundaries?

What a boundary is not

- How have you used boundaries to cancel someone?
- How can boundaries protect your heart while not shutting out everyone who hurts you?

Areas to set boundaries

- We were taught that we train people on how to treat us. What are some ways we can intentionally train people to treat us appropriately?
- How have you trained people to treat you?

APPLICATION IDEAS

- What are some sources of negativity in your life?
- Make a list of some things that are true, noble, right, pure, lovely, admirable, excellent, or praiseworthy (Philippians 4:8). Use the list you created to practice replacing negativity with positivity.

GO DEEPER

Additional ideas for a deeper study of the sermon topic

- Research some boundaries God placed on His people in the Bible. What do you think of the boundary God gave? Did the person follow the boundary? What was the result (of the obedience or disobedience)?

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- If you are a person who controls, gossips, speaks negatively, or has otherwise harmed people, pray this week with repentance and ask God to change your heart to be more aligned to who He created you to be. If you know have been affected by those areas, pray that God helps you to develop tools to fight the lies of the enemy and combat the shame that may affect you.

LEADER TIPS

- Be comfortable with silence. When you ask for a response to a question, wait 15 seconds before talking. This time allows members time to think, their courage to build, and the Holy Spirit to work.