



MARCH 23, 2025
HEALING FOR A WOUNDED SOUL
Discussion Guide

SERMON SUMMARY

It is understood that physical wounds may require medical or emergency care, but what about spiritual or emotional wounds? In today's sermon, Pastor Daniel uses the story of David to teach us what to do when we have a wounded soul.

SCRIPTURES USED IN THE MESSAGE

- Psalm 61:1-4
- Psalm 46:1
- Psalm 91:2
- Isaiah 55:8-9
- Proverbs 3:5-6
- Psalm 16:11
- Exodus 33:7-9
- Deuteronomy 31:6
- Isaiah 54:10
- Jeremiah 29:11
- James 5:16
- 1 John 4:18

TALK IT OVER

Choose questions that keep the discussion moving. No need to discuss every question.

- What do you do when your heart is broken, or your soul is wounded?
- Protection – Do you see God's refuge as a source of strength in times of trouble? How do the promises of God provide shelter for you?

- Perspective – How does running to God change your perspective? How can you guard yourself against having tunnel vision?
- Presence – Where do you meet with God? What obstacles have you encountered/overcome to make this a priority? If you do not have a place, where would you like to meet with God and what needs adjustment to make it happen?
- Promise – What promise are you expecting in your life?
- Who are the people you can turn to when you need God's healing?

APPLICATION IDEAS

In Psalm 61:3-4, David identified four roles God has played in his life. Take an inventory of your life and experiences with God. Who has God been for you?

GO DEEPER

If you need to experience God in a new way (a way that is not listed in the "Application Ideas" section), find examples of God fulfilling those promises to others in Scripture.

PRAYER FOCUS

At Lifepoint, we pray until something happens. Make time in every group meeting to pray for one another and the larger matters of concern to your group.

- This week, have honest prayers with God. Be honest about how you feel, where you are, and where you desire to be.

LEADER TIPS

Start your small group Bible study with an icebreaker question, one that is fun and easy to answer. It will encourage all members to participate early, making it easier for them to be more vulnerable later in the discussion.